



AFC Rushden & Diamonds Youth  
Risk Assessment Returning to Match Play  
August 2020

This document should be read in conjunction with any other relevant Risk Assessment which is the responsibility of AFC Rushden & Diamonds Youth CIC, the relevant Risk Assessment from any venue used and current FA and Government Guidelines.

The Club's Code of Conduct still apply and should be followed at all times:

The Covid-19 Officers for AFC Rushden & Diamonds Youth CIC are Mark Cullen, Gary Knight, Tracy Stephen and Naomi Baci

Covid Officer Contact details are:

Mark Cullen  
Naomi Baci

07772 223403  
07449 919259

Tracy Stephen

07912 437057

| Hazard        | Risk   | Level of Risk | Consequence                               | Action By Whom   | Action   |
|---------------|--|---------------|---|--|--|
| Covid19 Virus | Spreading the virus through person to person contact through match play/training and touching contaminated surfaces. | Low to Medium | Increasing the risk of spreading Covid19. | <b>Club Secretary – Mark Cullen</b><br><b>Safeguarding Officers – Tracy Stephen &amp; Naomi Baci</b> | Request a risk assessment from instruction of the lead coach to ensure all venues are Covid19 compliant.<br>If there is no risk assessment in place the venue must not be used.<br>Ensure all venues are outdoors. |

| Hazard | Risk | Level of Risk | Consequence | Action By Whom                              | Action  |
|--------|------|---------------|-------------|---|---|
|        |      |               |             | <b>Lead Coach &amp; Coaching Assistants</b> | <b>Ahead of the training session/match:</b> <ul style="list-style-type: none"> <li>• Keep records of the Club's Covid-19 officers of the date, venue and number of anticipated participants ahead of each training session and/or match.</li> <li>• Ensure that training and/or matches only take place outside. Training, trials or fixtures inside are not permitted.</li> <li>• Ask for a copy of the Risk Assessment from any venue they are using. A copy should be forwarded to one of the Covid-19 officers 24 hours before the session is due to take place. If a Risk Assessment is not available/not up to date, the venue must not be used.</li> <li>• Parks or public spaces can be used. In this case, the coach running the session must conduct a risk assessment ahead of the session, a copy of which should be sent to the Club Welfare Officer or Secretary.</li> <li>• Toilets, if available, can be used but players and coaches must ensure that they follow the correct personal hygiene procedures (hand washing, hand sanitiser etc).</li> <li>• If it is felt that the session is not safe and cannot be conducted within current FA and Government guidelines, advice should be taken from the Club's Covid-19 Officers.</li> <li>• Plan sessions to take into account social distancing and limit physical contact between players as far as possible.</li> <li>• Contact players no later than 24 hours ahead of the session/match to advise them of the venue, time and to remind them that if they are displaying symptoms or, have been in contact with anyone</li> </ul> |

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|--------|------|---------------|-------------|--|--|
|        |      |               |             | <p><b>Lead Coach &amp; Coaching Assistants</b></p> | <p>displaying symptoms in the previous 2 weeks, they must not attend.</p> <p><b>During the training session or match:</b></p> <ul style="list-style-type: none"> <li>• Request all attendees check in to NHS Track &amp; Trace App on available posters at each venue.</li> <li>• Training sessions should consist of groups of no more than 30 (including coaches).</li> <li>• Social distancing must be observed between groups where more than 1 group is training</li> <li>• Small sided football should be modified to allow for regular hygiene breaks</li> <li>• Coaches are encouraged to limit persistent close proximity of players during match play and provide regular hygiene breaks</li> <li>• Ensure that a register is taken at each training session and/or match with up to date contact details for all players and staff attending.</li> <li>• Players &amp; parents will be asked to confirm that they are not displaying any symptoms of Covid-19, are well and have not been in contact with anyone displaying symptoms within the last 2 weeks. A record will be kept of player and staff declarations for 21 days in accordance with the guidelines to assist with Track and Trace.</li> <li>• Where a participant is aged Under 15, the register should be signed by a parent/carer.</li> <li>• Any player or member of staff declaring that they are feeling unwell, or becoming unwell during the session, will be withdrawn immediately from the session.</li> <li>• For a child U18, the appropriate adult/carer will be called.</li> <li>• Players should be discouraged from touching any equipment unnecessarily.</li> </ul> |



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|--------|------|---------------|-------------|----------------|---|
|        |      |               |             |                | <p>maintain a record of the cleaning of Club equipment that players use.</p> <ul style="list-style-type: none"> <li>• Report any issues or concerns to one of the Covid-19 officers as soon as possible.</li> <li>• Follow the guidance given to them by their coach/manager</li> <li>• Follow any signage or direction at the venue being used</li> <li>• Travel to/from sessions with someone from the same household or support bubble where possible.</li> <li>• Public transport should not be used if at all possible.</li> <li>• If travelling with someone from outside their household or support bubble, they should: <ul style="list-style-type: none"> <li>- travel with the same people on each occasion</li> <li>- keep to travelling in small groups</li> <li>- open windows for ventilation</li> <li>- face away from each other</li> <li>- the driver should clean the vehicle between each journey paying attention to door handles and other areas that may be touched</li> <li>- ask everyone, including the driver, to wear face coverings</li> <li>- consider seating arrangements to maximise distance between people in the vehicle</li> <li>- wash or sanitise hands for at least 20 seconds when finishing their journey</li> </ul> </li> <li>• Arrive at training, trials or fixtures changed and ready to play</li> <li>• Bring their own water bottles and ensure that they are clearly identifiable. Bottles must not be shared under any circumstances.</li> <li>• On arrival at training, trials or fixtures, declare to their coach that they are free from the symptoms of Covid-19 by giving consent to your child playing.</li> <li>• Refrain from spitting.</li> </ul> |

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|--------|------|---------------|-------------|--|---|
|        |      |               |             | <p style="text-align: center;"><b>Parents/Carers</b></p> | <ul style="list-style-type: none"> <li>• Refrain from physical contact; this includes high 5s, handshakes, group huddles, and group celebrations. RESPECT handshakes at the start of matches are suspended.</li> <li>• Refrain from shouting when facing each other during, before and after games/training</li> <li>• Wash their hands and/or use hand sanitiser before the session starts and at the end of the session</li> <li>• Apart from the coaches - to avoid touching equipment (cones/markers etc) as much as possible. Bibs, if used, must not be shared between players.</li> <li>• Remain socially distant during any breaks in training and/or play.</li> <li>• Leave the venue immediately at the end of the session.</li> <li>• Notify their coach of any new symptoms within the family as soon as possible.</li> <br/> <li>• Give written consent to your child’s coach for him/her to take part in training, trials or fixtures. This can be a confirmation of attendance for training or matches through social media, text message, digital app (such as messenger or WhatsApp) or email.</li> <li>• Ensure that the coach has up to date contact details for you and your child.</li> <li>• Ensure your child doesn’t travel with anyone from outside their household or bubble.</li> <li>• Ensure that their child is well before attending any sessions.</li> <li>• Ensure that players have a clearly marked water bottle.</li> <li>• Encourage their child to limit physical contact and not share/touch equipment.</li> </ul> |

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|        |      |               |             | <p><b>First Aiders</b></p> <p><b>Lead Coach / Club Secretary</b></p> | <ul style="list-style-type: none"> <li>• Ensure that their child washes their hands/uses hand sanitiser on arrival and at the end of the session.</li> <li>• Watch the session or fixture taking in to account social distancing and not gather with other parents/carers.</li> <li>• Leave the venue immediately at the end of the session or fixture and avoid any gatherings</li> <li>• Notify their child's coach of any new symptoms with the family as soon as possible.</li> <li>• Remind your child of procedures.</li> </ul> <p><b>First Aid</b></p> <ul style="list-style-type: none"> <li>• Appointed Emergency First Aider will attend all training sessions and matches.</li> <li>• First aiders will use appropriate PPE to attend to the most serious injuries.</li> </ul> <p><b>Prior to Match</b></p> <ul style="list-style-type: none"> <li>• Physical team sheets (hard copies) should not be shared with match officials or opposition where possible. These can be sent electronically via photo or email if required.</li> <li>• A blank data sheet can be shown to the coaches to show our own Covid check process.</li> <li>• You will only need the lead coach name and contact details for track and trace. They will contact their own parents/children if needed.</li> </ul> |